



15X



15X WHAT?

At Lionhearts, a dollar goes
a long way.

For every dollar you give, it helps
deliver at least **\$15 worth of
food and essential goods** to
people in our communities
who need them. That means:



More meals.



More essentials.



**More dignity for
our neighbours.**



HOW IS THAT EVEN POSSIBLE?

Lionhearts exists to make good things go further.

We partner with farmers, suppliers, manufacturers, grocers, and restaurants to rescue food and household goods that would otherwise be wasted. Those everyday essentials are then sorted, stored, prepared, and delivered through our warehouses, kitchens, trucks, and community partners.

Because of how Lionhearts operates, your gift goes further than covering costs. It helps unlock food and supplies that already exist — goods our partners trust us to recover, handle, and deliver well.

Over time, that trust has grown. Many of our partners now call Lionhearts first when they have surplus to share because they know it will be stewarded carefully and reach people who need it.

Here's the simple truth: **The more support we receive, the more we can unlock.**

More donations mean more deliveries reaching our communities.

More hands sorting and preparing food.

More capacity to say yes when a partner calls.

That's how one dollar does more than help once — it opens the door to **at least \$15 worth of real, tangible support** in our communities.

WHAT THIS LOOKS LIKE ON THE GROUND

It looks like:

Nutritious meals prepared and shared through community programs

Food cupboards and shelters stocked with quality food and essentials

Families able to stretch limited budgets further

People experiencing homelessness welcomed with dignity

Local agencies supported so they can serve more people, more often

This work happens every day in **Kingston, Ottawa, and London**, alongside dozens of community partners.



In 2025,
\$900,862
in donations
helped deliver
\$13.6M
worth of food
and essential
goods across our
communities.

WHY IT MATTERS

The need in our communities continues to grow. Food insecurity is rising. Stable housing is harder to find. Frontline organizations are being asked to do more with less.

Lionhearts exists to help meet these needs by stewarding resources wisely and making sure support reaches people where it's needed most.

When you give, you're not just helping today. You're strengthening the network that supports our neighbours tomorrow.



PARTNER WITH US

When you support Lionhearts,
your gift helps turn **\$1 into at least
\$15 of real community impact** —
food shared, essentials delivered,
and dignity restored.

You can give **once**.

You can give **monthly**.

You can partner with us
as a **business**.

However you choose to give,
your support helps us care for
our neighbours in practical,
meaningful ways.



DONATE ONLINE
WWW.LIONHEARTS.CA

EMAIL
INFO@LIONHEARTS.CA



INTERESTED IN **ONGOING IMPACT?**
ASK US ABOUT **MONTHLY SUPPORT.**